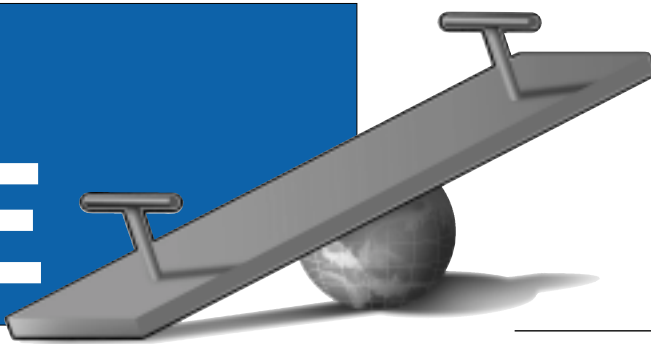


work & life BALANCE



A monthly supplement provided to employees as part of Survey Action Team Initiatives.

Apprenticeship program revived



JULIE KORHUMMEL/NEWSLINE

John Fry (right) of the Manufacturing and Materials Engineering Division, welcomes new machine apprentices Jason Carroll (left) and Paul Alexander (center).

By Elizabeth Campos Rajs
NEWSLINE STAFF WRITER

For most new employees at the Lab, the first week on the job is spent in relative obscurity — attending new staff orientation, meeting co-workers and getting acquainted with Lab culture.

But things started out a bit differently for Paul Alexander and Jason Carroll. Their third day on the job, they were the center of attention as the Manufacturing & Materials Engineering Division hosted a morning reception in their honor earlier this month. At least 100 people turned out to welcome the two young men to the division and celebrate the much-anticipated return of the machinist apprentice program in MMED.

“This is pretty neat for us. They are the first two apprentices hired in 11 or 12 years,” said Jeff Williams, who heads Mechanical Engineering. “We’re very happy this program is returning.”

Hugh Watling, MMED leader, added, “It’s emotional to some of us — it’s that big of a deal.”

He assured Alexander and Carroll, who were chosen out of 150 applicants, that everyone in the division is behind them and is there to help them be successful.

“The program has a rich tradition here at Livermore and bringing it back is a status of the trade,” said Mike Prokosch, superintendent for MMED. “It gives us the opportunity to pass on

APPRENTICE, See WORK LIFE INSERT page 4

Laboratory to celebrate Martin Luther King Jr.’s life

A celebration in honor of Martin Luther King Jr.’s birthday, featuring essay readings, a keynote address and a musical performance, is planned for Thursday, Jan. 16, from 1:15-3:30 p.m. in the Bldg. 123 auditorium. A reception will follow in the West Cafeteria.

The theme of this year’s event is “One Nation; Indivisible.”

As in past years, two winners of the Martin Luther King Essay Contest Scholarship will be selected to read their essays. The title of this year’s essay contest, chosen by Lab Executive Officer Ron Cochran, is “If Dr. King Were President Today, How Would He Lead Our Nation?” The contest is open to high school seniors throughout the Bay Area in five counties.

The winning essays will be chosen by a scholarship committee that includes Cochran and Associate Directors Jan Tulk, Dona Crawford and Tomas Diaz de la Rubia. The writers of the winning essays each will receive \$750 scholarship awards.

In keeping with the 50th anniversary, the keynote speaker is James Evans, a chemist with technical expertise in the chemistry of the heavy elements. Evans, who retired from the Lab in 1993 after 32 years here, is the co-discoverer of heavy element isotopes 256Fm, 258Fm, 256Es, and 255Cf. He was also a member of the

MLK, See WORK LIFE INSERT page 4

Steve Goodman takes helm as general manager of LLESA

Steve Goodman, a Livermore native who has worked in the recreation field for more than 20 years, has been hired as the new general manager of LLESA. He started Monday.



Steve Goodman

Goodman takes over at the helm of the Lab’s employee services association from Ken Giannotti, who retired in October.

As general manager, Goodman will be responsible for providing work/life services for employees, such as child

GOODMAN, See WORK LIFE INSERT page 4

Saving time through on-site shipping

Ron Lee of HEAF Division adds his package to the heap ready for UPS pick up. Lee, who says his wife is really grateful for the service, is one of several hundred Lab employees who have sent packages this month through the Time Zone’s UPS shipping service. Since Dec. 2, more than 500 packages have been sent through the Time Zone and half of those went out this week alone.



ELIZABETH CAMPOS RAJS/NEWSLINE

AFTER HOU

23 MONDAY

Need to pop something into the mail before the holidays? Today is the last day of the year to use Time Zone's shipping or receiving service.


Also, the Lab's swimming pool and all speciality exercise classes are closed until Jan. 5.

24 TUESDAY

The Lab is closed today.

- Time Zone closed Dec. 24 to Jan. 1.
- Children's Center closed Dec. 24, 25, 31 and Jan. 1. Most hours (8 a.m. to 5 p.m.) on Dec. 23, 26, 27, 30.
- LLESA administration closed Dec. 24 to Jan. 1. (Phones stop Dec. 26, 27 and 30).

Start the new year by giving of yourself through the Red Cross Blood Drive.



31 TUESDAY

The Lab is closed today.



6 MONDAY

New year, new you! Get Fit for Business when LLESA speciality classes resume today and the Lab pool reopens after the holiday break.



7 TUESDAY

Resolve to help out your community. Attend today's Community Service and Exchange Club meeting at noon in Bldg. 323, third-floor conference room.



13 MONDAY

Give the gift of life through the Red Cross Blood Drive today through Friday in Bldg. 415. See <http://llesa.llnl.gov/blood-drive/blooddrive.shtml>

14 TUESDAY

Parenting expert Ruth Gaston unravels the mysteries of effective parenting at the noon Parenting Class, offered in Bldg. 671, room 2000.



20 MONDAY

The Lab is closed in celebration of Martin Luther King Jr. Day.

21 TUESDAY



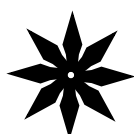
Learn about "Influencing Without Authority" from 8:30 a.m. - 4:30 p.m. today and tomorrow in the Trailer 1879 Training Center.

28 TUESDAY

Get a handle on your relationships by attending the noon Codependants Anonymous meeting in Bldg. 571, room 2016.



JRS AND in between



Late December to January 2003



25 WEDNESDAY

The Lab is closed today.

Happy holidays

1 WEDNESDAY

The Lab is closed today.

2 THURSDAY

It's back to business for the Time Zone and LLESA offices, which reopen from the holiday break today.

3 FRIDAY

The orientation carpet is rolled out for new staffers today from 8 a.m. to noon at the New Staff Orientation, Bldg. 361 auditorium.

8 WEDNESDAY

The new year brings with it a new opportunity to invest in your future. A Fidelity Investments representative will be on-site to meet with employees. Call 1-800-642-7131 for an appointment.



15 WEDNESDAY

For a creative change of pace, drop by the Rubber Stamping Networking Group, which meets today at noon in Bldg. 571, room 1301.

16 THURSDAY

A celebration in honor of Martin Luther King Jr.'s birthday, featuring essay readings, a keynote address and a musical performance, is planned for 1:15-3:30 p.m. in the Bldg. 123 auditorium. A reception will follow in the West Cafeteria.

17 THURSDAY

Heading to the mountains for the three-day weekend? LLESA's Time Zone can give you a lift with discount tickets to NorthStar, Sierra at Tahoe and Kirkwood.

22 WEDNESDAY

Discover how to get what you want by attending the "Communicating for Results" class from 8:15 a.m. – 4:30 p.m. in the Trailer 1879 Training Center.

23 THURSDAY

Explore the mysteries of our past when David M. Seaborg, son of Nobel-prize winning scientist Glenn Seaborg, discusses "The Current Status of Evolutionary Biology," at the Spotlight on Science Community Lecture Series 7 p.m. at Livermore High School, 600 Maple St., Livermore. Free!



31 FRIDAY

Today is the last day of LLESA's discount magazine program. See llesa.llnl.gov for details.

The future is yours. Claim it by finding out about your 403(b) benefits at 12:15 p.m. in Bldg. 571, room 2301.

Laboratory honored for Engineering's job outreach efforts

The Laboratory was named "Employer of the Year" by the Bay Area Job Developers Consortium for Plant Engineering's job outreach efforts. Plant Engineering, in partnership with Staffing & Employment, participated in numerous job fairs, provided on-site tours, made presentations to various community based organizations and community colleges in order to fill more than 300 job openings this past year. A concerted effort was made to hire people from neighboring communities. On hand to accept the award for the Lab were, from left, Ed Helkenn, Plant Engineering department head; Tommy Smith, deputy associate director Administration and Human Resources; Chris Nishida, employment representative; and Howard Ellis, one of the recent hires through the outreach efforts. Steve Hunt, associate director for Laboratory Services and Helkenn commissioned a Plant Engineering recruitment team, lead by Plant Engineering supervisor Jim Smith, to work closely with Nishida and the consortium to increase awareness about job opportunities in Plant Engineering at the Laboratory.



JIM SMITH

MLK

Continued from Work Life Insert, page 1

Director's Office serving as the deputy associate director for Diversity and Equal Opportunity.

Evans is now the founder of Workforce Concepts Inc., a company that specializes in developing efficient workforces for tomorrow, with emphasis on skill development for managing and working in a multicultural environment.

The celebration will also feature a performance by the Berkeley Black

Repertory Group Theatre, which will perform a skit that will include dance and music. The Black Repertory Group is a multicultural group that started as a drama program in 1964 at a local Bay Area church.

It is the oldest Black Folk Arts community theater in the United States. In addition to the cultural arts center theater, the group also offers a youth theater and summer arts



James Evans

camp, School of the Arts, an art gallery and an innovative program called "Music In The Community," taught by internationally noted jazz/blues vocalist and music historian Faye Carol.

The Employee Network Groups will give a final colorful presentation representing the theme "One Nation; Indivisible."

GOODMAN

Continued from Work Life Insert, page 1

care, exercise classes and the swim center. He is also responsible for the Time Zone and the employee center, which coordinates employee networking groups, blood drives and special events.

"There are a number of exciting things on the horizon with work/life issues," Goodman said. "I'm excited to be taking on new challenges at the Laborato-

ry and to have the opportunity to serve Lab employees."

Goodman is no stranger to the Lab. His wife, Sheryl, has worked at the Lab for 18 years, his father is a retiree and he has come to know many Lab employees who participate in adult recreation leagues through LARPD.

Prior to joining the Lab, Goodman worked more than 17 years with the Livermore Area Recreation and Park District where he was a senior recreation supervisor. He oversaw aquatics programming,

adult social daycare and senior activities. He also helped organize adult sports groups and special events.

"I have done almost everything related to recreation," Goodman said.

He also worked at the City of San Mateo Recreation Department for seven years, serving in a variety of recreation positions.

Goodman received a bachelor's degree in recreation with honors from CSU Hayward and is a lifelong resident of Livermore.

APPRENTICE

Continued from Work Life Insert, page 1

our skills to the next generation."

The machinist apprentice program, which is a comprehensive four-year training program, was halted in the early '90s when there was a slow-down in business, Williams said. The division had tried unsuccessfully to restart the program a few years ago, but last year's employee survey proved to be the catalyst for bringing the program back.

A Survey Action Team was assigned to address issues identified by 800- and 900-series employees and one of the team's major recommendations was to bring back the apprentice program.

Jens Mahler, acting AD for Engineering, co-chaired that SAT with Lab Services AD Steve Hunt and they invited several 800- and 900-series employees to participate and offer input on the issues

identified in the survey.

"The apprentice program was very important to them. It's a way of transferring their skills, knowledge and ability to new people," Mahler said. "Steve and I took the recommendation forward and had no problem getting it funded. This was a no-brainer once we realized how important it was to the employees."

The machinist apprentice program was started shortly after the Lab began, Watling noted.

"In 1954, it was an informal program with about 20 people. One or two of your fathers were in it," Watling said in addressing the crowd at the morning reception. "Over the years, 135 people graduated from the program. Most of our current supervisors went through it."

For the next four years, Alexander and Carroll will go through a rigorous program that includes hands-on training as well as additional classes at Las Positas

College.

Alexander, who had been working in metal fabrication before joining the Laboratory, said he was very happy to be part of the program. "This is the best job in the world. I'm very excited to be here."

Carroll, who admitted to being a bit overwhelmed at all the attention on his third day, said he had been trying to get a job at the Lab for a long time. "HR probably got tired of seeing my resume," he laughed.

He had been working in a machine shop prior to joining the Lab and was most looking forward to all the mentoring he will receive from the Lab's experts in the field.

"In the job shop environment, you don't get that," he said. "Already, everyone has been coming over and shaking hands and offering to help. It's a completely different environment here."